



nom nom nom nom nom



Chaz

 **cvillette**

<https://cvillette.livejournal.com/>

2007-10-19 10:06:00

MOOD: 😄 ecstatic

MUSIC: The Firesign Theatre - Miss Shelob's Feelin' Poorly

Okay, Worth, you win. Yes, I used to eat like this all the time.

(<https://www.livejournal.com/away?>

[to=http%3A//www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D9%26Day%3D19](http%3A//www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D9%26Day%3D19))

When I remembered to eat enough at all, that is.

ETA: Still, dude. Over 7K today. I have actually consumed more calories today *than my body can absorb*.

I seriously deserve some kind of an award. And one day of bad behavior isn't going to kill me. Well, yes, it will. But you know what? It is possible to worry about this stuff too much.

Also, oatmeal cookies with peanut butter and red pepper jam on them might just be nature's perfect food.



[locked] Dream Journal

All right, unconscious mind. We're coming to an accommodation. If the dreams are you cleaning house, putting


Elvis doesn't live here anymore.

Hey there. Sorry about the drama. It was... it was an emotional decision, and I didn't handle it well. So yeah, I'm

Poppets. Puppets. Poppet puppets.
Scary.

8 comments



 **trollcatz**

[October 19 2007, 15:03:11 UTC](#)

[COLLAPSE](#)

"Agent Villette's negotiating tactics resolved the doughnut hostage situation without the use of physical force.

"However, the crisis response team reports that the hostage died."

If you used to eat that garlic batard thing all the time, I have a hard time believing you ever forgot to eat.

I'm still processing on the oatmeal cookie pb&j. I suppose I should try it before I rush to judgement.



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[October 19 2007, 15:05:32 UTC](#)

[COLLAPSE](#)

The hostage has gone to a better place.

You have to get the right kind of oatmeal cookies, of course.



 [trollcatz](#)

[October 19 2007, 15:38:23 UTC](#)

[COLLAPSE](#)

So what's the right kind of oatmeal cookie? (Dude, you can't just leave a thought like that hanging.) And while you're at it, any specifications on the peanut butter?

I had oatmeal this morning. I *craved* oatmeal. It's your fault.



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[October 19 2007, 15:39:43 UTC](#)

[COLLAPSE](#)

Mmm. Oatmeal.

With butter and dark brown sugar and salt and milk and cinnamon. Yum.

Big soft oatmeal cookies. And real peanut butter, not the kind that's basically nut flavored frosting.



 [trollcatz](#)

[October 19 2007, 15:46:26 UTC](#)

[COLLAPSE](#)

If Tricia gets hooked on those and complains, I'm putting the blame on you. *g*



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[October 19 2007, 15:47:41 UTC](#)

[COLLAPSE](#)

legume-flavored frosting, even.

I bet cashew butter would work too.



 [Ometotchtli](#)

[October 19 2007, 22:34:01 UTC](#)

[COLLAPSE](#)

Two, with pb between 'em. I'm filling my lunchbox on Monday.

OMG, Platypus, *this* is why I keep you around!

<3 <3 <3



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[October 19 2007, 22:35:49 UTC](#)

[COLLAPSE](#)

<3<3<3 yourself, wabbit.